



Wearing more than one dosemeter

How do we explain the differences for Hp(10) and gamma radiation?



How many body dosimeters can you wear?

- From an approved dosimetry service:

- **Passive**

- TLD, OSL, film

- **Active**

- silicon diode based

- **Control dosimeters**

- **Silicon diode based**

- **GM based**

- **QFEs**



What level of agreement would wearers expect?

- **Typical examples from their own occupation**
- Mechanical engineers – 0.1 mm in 100 mm = 0.1 %
- Electronics technicians - wide tolerance resistors = 5 %
- Pressure, temperature etc – 0.5° C at room temperature = 0.2 %
- Steel fabricators– 3 mm in 3 m = 0.1 %
- Joiners – 4 mm on a door frame = 0.2 %
- What could they get from dosimetry?
- HSE RADS at <1 mSv, for normal incidence Cs-137, band A
- the magnitude of the bias for each of the groups of 5 doseimeters is less than 30%
- the relative standard deviation for each of the groups of 5 doseimeters is less than 15%

If the gods were really against us?

- **Admittedly an extreme example**
- At 0.6 mSv, two band A dosimeters could quite legitimately give 0.36 and 0.9 mSv for a true 0.6 mSv
- And that is for normal incidence Cs-137 gamma radiation
- Probably the simplest measurement we could make
- **So we will never match the level of agreement most measurements achieve**

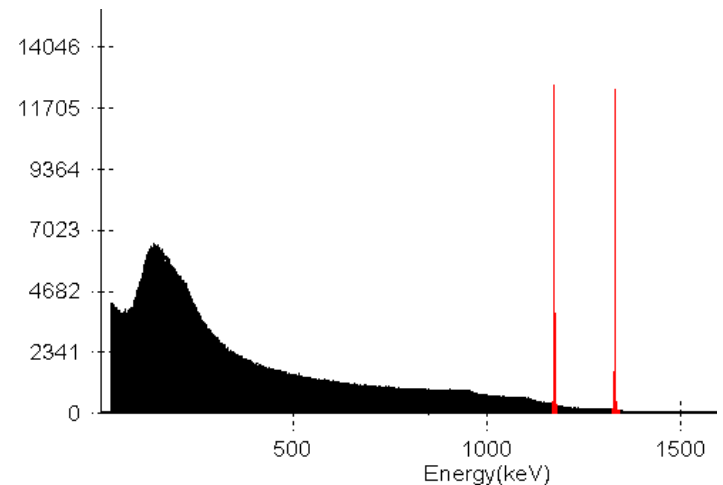
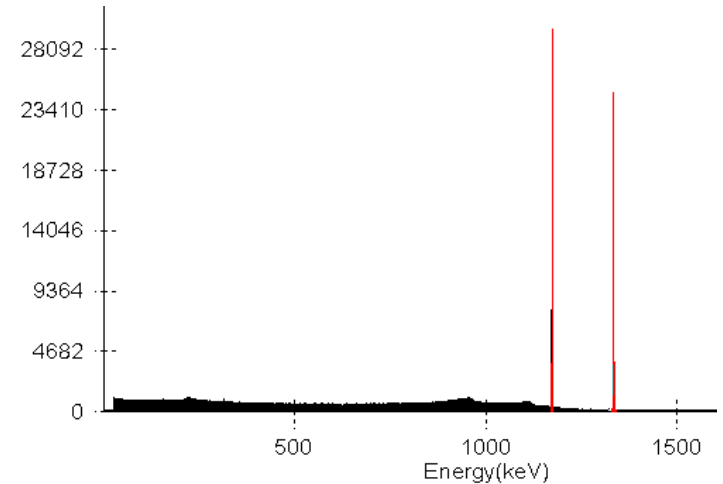
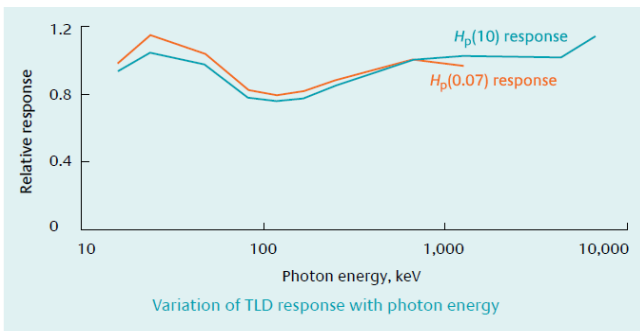


Sources of operational differences between two dosimeters

- **Were the dosimeters worn for the same period?**
 - Contractors may work on several sites during the wear period
- **Were they worn close together?**
 - Unless the exposure is unusually uniform, there will be differences
- **Are both dosimeters clipped to the body or can they move away from the body and rotate?**
 - Dosimeters on lanyards can
 - be closer to sources (more dose)
 - Be less well shielded by the body (more dose)
 - See less backscatter (less dose)
 - Rotate
- **Were they the right way round?**
 - I wondered why the numbers were upside down!

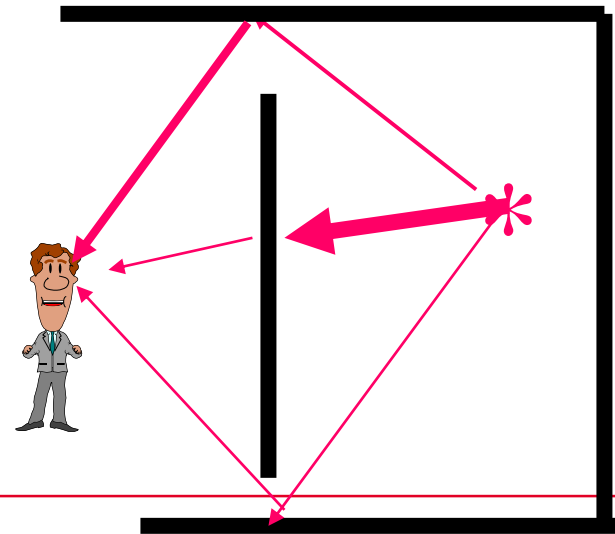
The radiation field

- Every dosimeter has a response which varies with energy and angle
- Typical energy response variation is about 20 % at normal incidence
- Very difficult to predict the radiation field at the position of the dosimeter even when the source is well understood
- Point Co-60 source in free air vs bulk Co-60 contaminated waste



Or another way to look at it

- How do you choose the normalisation energy?
- Calibration energy - Cs-137 or Co-60
- Set to unity or to a factor chosen to
- Limit the maximum error (this way madness lies)
- Or minimise the average error (good for the majority, maybe bad for the individual)



Dealing with non tissue equivalent dosemeters

- **Non tissue equivalent sensor + filters (+ energy threshold for electronics) + algorithm**
- **Reliable process provided the algorithm is linear**
- **i.e. the apparent doses under each element are multiplied by a fixed factor and then added**
- **Dangerous if it uses ratios between elements to estimate the “effective energy”**
- **Often it’s possible to think up a hugely different exposure mix which would give the same ratios but very different doses**
- **Such dosemeters can do well in tests but reality is much harder**

Limit of reliable measurement

- **Electronic dosimeters – 1 μSv is statistically robust**
 - Thermo EPD = 120 counts for hard gamma
 - Tracerco GM based dosimeter = 3000 counts
- **GM based dosimeters have a high self-dose (glass in the detector) but easy to correct for**
- **Many passive dosimeters have a much higher threshold – 10s of μSv**
- **So potential large differences in reported doses at low dose rates**

Background correction

- **Electronic dosimeters randomly issued and logging only each wear period – NO PROBLEM**
- **Electronic dosimeters issued to an individual and left on over days and weeks – who knows what the local conditions are**
- **Passive dosimeters stored in a defined position – use local reference value with the co-operation of the dosimetry service**
- **Passive dosimeters stored by the individual – who knows what the storage conditions are**
- **And potentially the worst case – left to the dosimetry service to pick a value**
- **May use a large value to avoid false positives**
- **Thus generating lots of false negatives**

But it's not always that bad

- **Operational experience**
- **AGR boilers**
 - TLD produced an 8 % higher answer on average than a Thermo EPD
 - Credible, given that the EPD is calibrated for Cs-137 and the response drops slightly for Co-60
 - EPD answer actually closer to E
 - But still user concern
- **Submarine refits**
 - Similar performance, again dominated by Co-60



Investigations

- **At low dose rates, simple hand-held sodium iodide spectrometers**
- **Interpretation of spectra takes skill**
- **Subtract the spectrum from a point source if the main components are Cs-137 or Co-60**
- **See what's left.**
- **MCNP model?**
- **Directional information from a lead brick with a hole drilled in it and a small sodium iodide detector inside**
- **Spectral information from the dosimeters**
- **Time information from the electronic dosimeter**



Summary and contentious suggestion

- **So why wear two?**
- **Electronic dosimeters are better Alara tools – alarms, dose with time, energy information, instant results, better low dose resolution, better radiological performance generally**
- **And if your life is simple – low doses, no credible opportunity for excursions – why do you need a dosimeter at all?**
- **Status symbol?**