



Routine Internal Dosimetry Monitoring and Assessment: The Practical Application of International Standards and Guidance

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Nuvia Ltd Approved Dosimetry Services

- Providing dosimetry services since 1948
- Laboratories and offices based at
 - Dounreay
 - Windscale
 - Harwell
 - Winfrith
- Primary role to assess and record radiation doses to workers at various sites and projects



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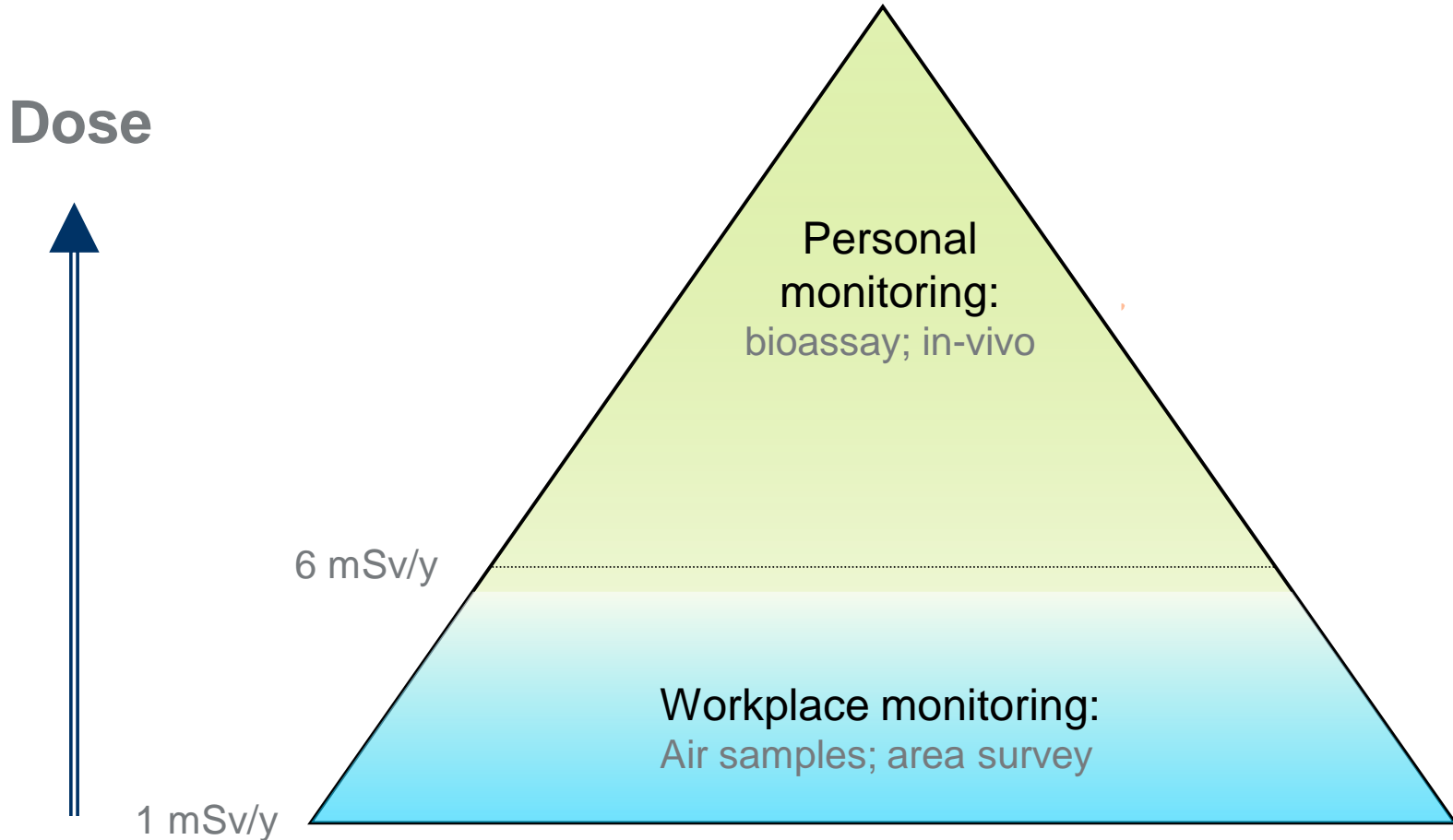
Objective of this presentation:-

**Published Standards and Guidance are useful tools,
but need to be applied with care**

Examples:

- **ISO 20553: Radiation Protection - Monitoring of Workers Occupationally Exposed to a Risk of Internal Contamination with Radioactive Material**
- **“IDEAS”**: General Guidelines for the Estimation of Committed Effective Dose from Incorporation Monitoring Data

Monitoring Programmes (ISO:20553)



If expected dose is unknown where do you start?

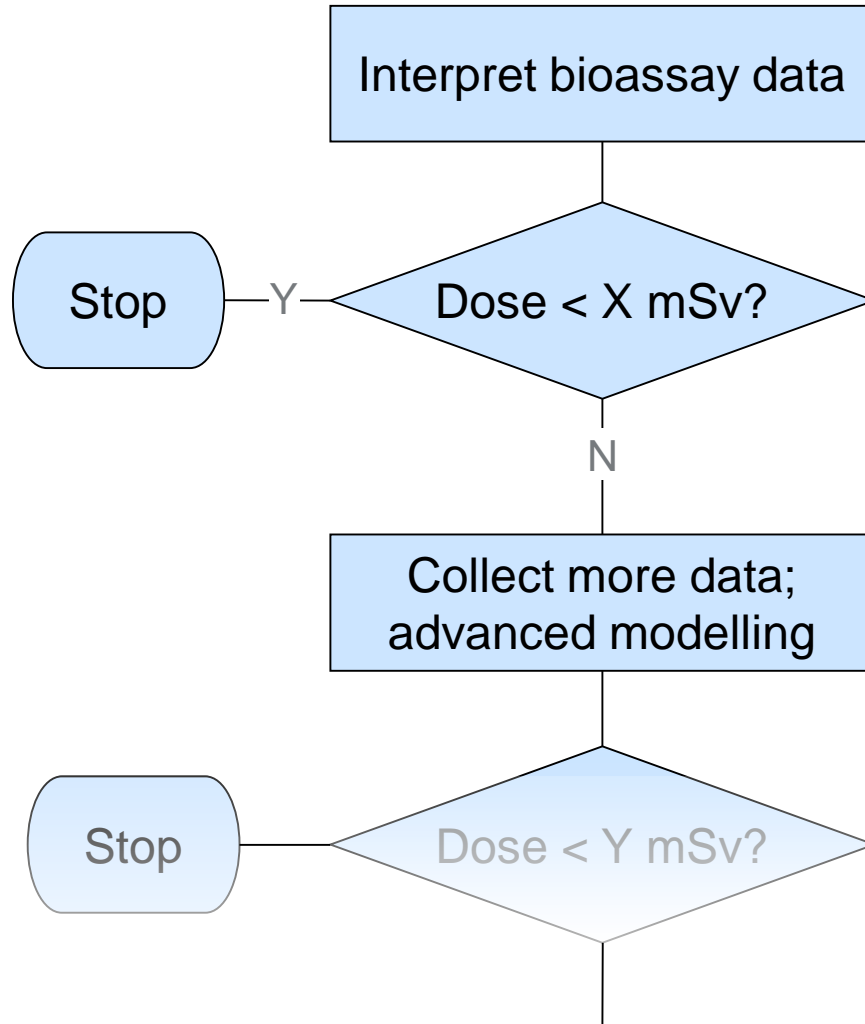
Is any routine monitoring needed at all?

e.g. prior risk assessment concludes expected dose < 1 mSv

Default Dosimetry Service advice:

- if work in controlled area then some monitoring required to validate the risk assessment
- however, this will be to 'monitor' the risk assessment, not the dose
- in which case the nature of the monitoring programme might be significantly different from a dosimetry monitoring programme

Dose assessment (IDEAS)



What is the effect of realistic measurement uncertainties?

Tested by theoretical study

What is the impact of measurement uncertainty?

Theoretical study

- assume acute intake equivalent to 1 mSv ^{239}Pu
- type M and type S intakes – all other modelling uncertainties fixed
- calculated urine excretion rates at 3 different times after intake: 45 days; 7 days; 1 day
- the excretion rates were ‘randomized’ by introducing realistic sampling and measurement uncertainty
- repeated ten times for each case
- results interpreted by use of IDEAS

Results: 1st Study

assumed that the correct lung type was used at start

1 mSv type M and type S ^{239}Pu at 45 days prior to urine sample

Case no	Estimated dose (mSv CED)	
	type M	type S
1	0.97	0
2	0.64	1.83
3	0.75	0
4	0.54	0
5	0.63	0.59
6	0.9	0.9
7	1.31	0.1
8	0.89	0.41
9	0.88	2.47
10	0.97	0

Results: 2nd Study

assumed that the *incorrect* lung type was used at start

1 mSv type M and type S ^{239}Pu at 45 days prior to urine sample

Case no	Estimated dose (mSv CED)	
	type M (initially type S)	type S (initially type M)
1	0.97	0
2	1.47	0.27
3	0.21	0
4	0.56	0
5	0.61	0.22
6	0.9	0.07
7	1.31	0
8	0.67	0.11
9	0.83	0.15
10	1.16	0

Conclusions from study

- IDEAS methodology works well for detecting ^{239}Pu acute exposures at 1 mSv if lung type is well known
- if lung type is uncertain then preferable to assume type S initially
- however; this might lead to the need for collecting more data and analysis to arrive at a reasonable solution:
- alternatively, consider other monitoring methods: e.g. faecal sampling
- **Caveats:**
- uncertainties in most model parameters not considered

**Published Standards and Guidance are useful tools,
but need to be applied with care**

**Specific operational conditions will have significant
impact on how such Standards and Guidance are
'best' applied in practice**